

# Nandish Health IV Infusion Drips.

Step into a space designed for restoration, clarity and elevated wellbeing. Our IV infusion therapies are clinically crafted to support your energy, immunity, recovery and total body optimisation delivered directly where you need it most.

## ***What does your body need today?***

At Nandish Health, we redefine modern wellness through personalised, elevated care that meets you exactly where you are.

## ***In Clinic IV Lounge Experience***

Schedule your personalised IV drip online now: [www.nandish.health](http://www.nandish.health)

## ***Private Bookings & Corporate Services***

Enjoy IV therapy in the comfort of your own space or as part of a private or group experience. Service & small travel fee applies. Please email: [infusions@nandish.health](mailto:infusions@nandish.health)

## **Personalised Assistance**

(09) 212 9693 or 021 461 652



# BESPOKE CUSTOM BLENDS.

Our bespoke custom and specialty blends are designed entirely around you. Choose and combine the ingredients that suit your needs for a fully customised results driven IV experience. Bespoke blends can be enjoyed on their own or added to any signature collection to elevate your results. Bespoke blends start from \$299 to hydrate your system.

ALL PATIENTS

## THE STARTING POINT \$299

*Every bespoke infusion begins here*  
**Hydrated. Open. Ready.**

ENERGY

MOOD

TWEEN

## THE ENERGY SHOT \$89

*Vitamin B12 Shot*

For the exhausted, low mood, low b12  
**Energised. Motivated. Instantly lifted.**

IMMUNITY

TWEEN

## THE DEFENDER \$129

*Vitamin C 2.5g*

For one who is always sick or losing skin brightness  
**Defended. Brightened. Resilient.**

RECOVERY

MOOD

## THE HORMONE BOOSTER \$90

*Zinc*

For slow healing, hormonal imbalance  
**Protected. Balanced. Hormonally restored.**

MOOD

TWEEN

## THE CALM SHOT \$80

*Glycine*

For poor sleep, stress, sensory overload  
**Mind quiets. Body rests. Sleep deepens.**

PERFORMANCE

MOOD

## THE BRAIN FUEL \$160

*Vitamin B Complex (B1, B2, B3, B5)*

For stressed, foggy, strained  
**Clear. Energised. Mentally sharp.**

MOOD

IMMUNITY

## THE MOOD LIFTER \$190

*Vitamin D Shot*

For low mood or immunity  
**Mood lifts. Immunity strengthens. Balance returns.**

RECOVERY

MOOD

## THE DEEP RESTORE \$230

*Vitamin B Complex Plus B1, B2, B3, B5, B6, B12*

For burnout, mood with nerve symptoms  
**Revived. Uplifted. Neurologically restored.**

NEW PATIENTS

## THE DOCTORS PRESCRIPTION \$85

*Supervised clearance. Valid for 12 months*  
**Safe. Supported. Cleared to begin.**

RECOVERY

HANGOVER

TWEEN

## THE HYDRATION HIT \$80

*Extra Fluid & Hydration*

For slow recovery, lingering depletion  
**Repaired. Stronger. Performing again.**

IMMUNITY

RECOVERY

## THE PROTECTOR \$175

*Selenium*

For low immunity, thyroid support, fatigue  
**Shielded. Balanced. Resilient.**

PAIN

RECOVERY

## THE MUSCLE RELAXER \$85

*Magnesium Sulphate*

For the person whose body holds tension that won't let go  
**Tension gone. Muscles soft. Body exhales.**

PERFORMANCE

ENERGY

INFLAMMATION

## THE CELL CHARGER \$110

*CoQ10*

For low stamina over 40  
**Charged. Sustained. Performing at full capacity.**

BEAUTY

TWEEN

## THE BEAUTICIAN \$105

*Biotin*

For thinning hair, brittle nails, dull skin  
**Stronger hair. Harder nails. Glowing skin.**

RECOVERY

PERFORMANCE

## THE MUSCLE MAKER \$125

*Amino Acids*

For slow recovery, plateau performance  
**Repaired. Stronger. Performing again.**

RECOVERY

INFLAMMATION

AUTOIMMUNE

## THE UNIVERSAL ANTIOXIDANT \$330

*Alpha Lipic Acid*

For metabolic stress, fatigue and blood sugar crashes  
**Clearer. Balanced. Deeply restored.**

# BESPOKE SPECIALTY BLENDS.

BEAUTY

IMMUNITY

## THE BRIGHTENER \$160

*Glutathione 500mg*

For dull skin, slow immunity, toxic load

**Clearer skin. Stronger immunity. Visibly brighter.**

IMMUNITY

INFLAMMATION

CANCER

## THE DEFENDER X: HIGH DOSE VIT C

*X - 15 grams \$379*

*X2 - 30 grams \$549*

*X3 - 45 grams \$649*

*X4 - 60 grams \$749*

Rebuilding immunity after illness, infection or burnout for immune support. Navigating active cancer treatment with doctor oversight. Bloodwork and clinical clearance required.

**Inflammation quietyens. Healing accelerates. Vitality returns.**

ENERGY

RECOVERY

## IRON INFUSION

+ Ferinject from pharmacy (medication)

*Single \$299 + medication*

*Double \$399 + medication*

Living with iron deficiency, fatigue or low ferritin.

Clinical prescription provided. Drug purchased separately from your local pharmacy.

**Energy returns. Breath steadies. Colour comes back.**

BEAUTY

IMMUNITY

PREMIUM

## THE SPARKLE BOOST \$260

*Glutathione 1000mg*

For a premium detox & glow

**Clearer skin. Stronger immunity. Visibly brighter.**

PERFORMANCE

ENERGY

PREMIUM

## THE AGE REVERSER X: NAD+

*X - 250mg \$520*

*X2 - 500mg \$749*

*X3 - 750mg \$949*

*X4 - 1000mg \$1200*

For maximum cellular impact, DNA repair and the deepest cellular reset. High-dose NAD+ for deeper anti-ageing protocol.

**Cells regenerate. Profound shift in energy depth, recovery and cognitive performance.**

# YOUR JOURNEY WITH US

### 1. A Warm Welcome

From your first enquiry, our concierge team takes care of the details—gathering your information and sending through your personalised intake forms. Simply complete your form and share your recent blood work (taken within the past three months) so we can begin tailoring your experience. For private bookings, corporate wellness, group sessions or home visits, please email us at [infusions@nandish.health](mailto:infusions@nandish.health).

### 2. Your Complimentary Phone Consultation

We arrange a conversation with a Registered Nurse from our specialist IV medical team dedicated entirely to you. Together, we explore your health history, preferences and wellness goals, crafting recommendations designed around you. Timeframe: Up to 24 hours

### 3. Medical Oversight & Prescription

Your nurse presents your profile to our team of doctors, who personally review your details and issue a bespoke prescription ensuring every infusion is safe and precisely suited to you. Further testing may occasionally be required. Timeframe: Up to 48 hours

### 4. Your IV Infusion Experience

With everything in place, your nurse confirms your appointment and guides you through your infusion in comfort and care. Each session runs for 30 minutes (NAD+ takes a little longer).

### 5. Continued Wellness

Whether you choose a single restorative session or an ongoing programme of regular care, we'll be alongside you supporting your wellbeing for the long term.

# SIGNATURE COLLECTIONS.

Our collections are thoughtfully curated, ready made packages - each crafted to target a soecific wellness goal. Every collection can be tailored and adjusted to suit you, blending the ease of a pre designed package with the freedom to make it your own. Every infusion is flexible and made to fit your needs.

RECOVERY

PERFORMANCE

## THE STRESS RESET \$449

Rest. Regulate. Exhale.

Magnesium . Serine . Taurine

++ Upgrade: Glycine . Vitamin B12 . NAD+

The Weight Lifts. The Noise Stops. You Relax.

PERFORMANCE

MOOD

## THE NEURAL EDGE \$489

Clear. Focus. Dominate.

B Complex (B1, B2, B3, B5) . Carnitine . Choline . Glycine .

Inositol . Magnesium . Methionine . Serine . Taurine . Vit B12

++ Upgrade: Amino Acids . Glutathione . NAD+

Brain Fog Clear. Energised. Mentally Sharp

PERFORMANCE

ENERGY

IMMUNITY

MOOD

## THE SOVEREIGN CEO \$799

Elevate. Optimise. Dominate.

Arginine . Amino Acids . B Complex (B1, B2, B3, B5) . Carnitine

Choline . Glutamine . Glycine . Inositol . Lysine . Magnesium

Methionine . Ornithine . Serine . Taurine . Vit B12 . Vit C . Zinc

Peak Potential Changes: Energy, Clarity, Immunity, Mood.

BEAUTY

IMMUNITY

PREMIUM

## THE GOLDEN HOUR LUXE \$549

Refine. Restore. Reveal.

Arginine . Biotin 1M . Glycine . Glutamine . Lysine . Ornithine . Vit C

++ Upgrade: Glutathione . Biotin . NAD+

Skin Sparkles. Nails Strengthen. Hair Feels Luscious.

FAT LOSS

ENERGY

## THE METABOLIC CATALYST \$449

Fuel. Fire. Flow.

B Complex (B1, B2, B3, B5) . Carnitine . Choline . Inositol .

Methionine . Vit B12 ++ Upgrade: COQ10 . Vit B12 . NAD+

Cravings Settle. Energy Lifts. Body Starts Fat Burning.

ENERGY

MOOD

## THE VITALITY GLOW \$515

Power. Perform. Prevail.

B Complex (B1, B2, B3, B5) . Selenium . Vit C

++ Upgrade: Amino Acids . Glutathione

Fatigue Lifts. Mood Stabilises. You Feel Nice Again.

ENERGY

RECOVERY

PERFORMANCE

## THE MYERS COCKTAIL \$420

Replenish. Restore. Revive.

B Complex (B1, B2, B3, B5, B6, B12) . Vit C . Magnesium Sulphate .

Calcium . Zinc Chloride ++ Upgrade: Amino Acids . Glutathione

Energy Returns. Immunity Strengthens. The Body Recovers.

IMMUNITY

RECOVERY

## THE RESCUE REMEDY \$559

Fix. Fortify. Flourish.

B Complex (B1, B2, B3, B5) . Selenium . Zinc

++ Upgrade: Glutathione . Selenium . NAD+

Immunity Rebuilds. Energy Returns. Sick Days Reduce.

RECOVERY

ENERGY

IMMUNITY

## AFTER THE STORM \$519

Recover. Repair. Repeat.

B Complex (B1, B2, B3, B5) . Carnitine . Choline . Inositol .

Magnesium . Methionine . Vit B12 . Vit C

++ Upgrade: Glutathione . Selenium . NAD+

Muscles Repair. Performance Returns Faster.

INFLAMMATION

AUTOIMMUNE

PAIN

## THE PAIN RELIEF \$559

Release. Restore. Relieve.

Arginine . B Complex Plus (B1, B2, B3, B5, B6, B12) . Glutamine

Glutathione . Lysine . Magnesium . Ornithine . Vit C

++ Upgrade: Amino Acids . Glutathione . NAD+

Inflammation Retreats. Nerves Settle. Your Body Heals.

HANGOVER

RECOVERY

## THE MORNING AFTER REVIVAL \$549

Revive. Refresh. Rise.

B Complex (B1, B2, B3, B5) . Hydration Hit . Selenium . Vit C

++ Upgrade: Glutathione . Selenium . NAD+

Hangover Gone. Headache Gone. Nausea Clears.

FAT LOSS

WEIGHT

## THE BIOSCULPT \$490

Burn. Refine. Reveal.

Carnitine . Choline . Inositol . Methionine . Vit B12

++ Upgrade: CoQ10 . Glutathione . NAD+

Fat Mobilises. The Mirror Shows Results.

CANCER

RECOVERY

AUTOIMMUNE

## THE SACRED NURTURE \$849

Care. Comfort. Courage.

B Complex (B1, B2, B3, B5) . Glutathione . Magnesium . Selenium .

Vit C (high dose) . Zinc

Cancer Support. Receive Care. Nourish.